



First, watch
this week's
video!



Bible Story

God loves me when
I'm frustrated
(Numbers 11:4-17)

Remember This

"Trust in the Lord
with all your heart."
Proverbs 3:5, NIV

Say This

Who loves you no matter what?
God loves you no matter what.

Have fun learning and playing
with your preschooler!

Activity

Emoji Bowling

What You Need:

Plastic bottles, a medium-sized ball, and writing utensils/markers

What You Do:

Draw faces on the plastic bottles and set them up in a room in a bowling pin pattern. As you and your child "bowl," discuss the emotions represented by the faces.

What You Say:

"Look! There is a bowling alley in our [name of room]! Let's go bowling! Come roll the ball towards the bottles and see if you can knock any down. (Pause.) Great job! You knocked them down!

"Which emotion did you hit first? (Pause for response.) God loves us when we feel that way! Let's see what other feelings we can knock down! (Continue and finish the activity.)

"The best part of bowling and knocking over the emotions is knowing that God loves us no matter what we're feeling! Moses was frustrated, and he talked to God about it. God heard Moses, God loved Moses, and God sent Moses help.

"God loves us when we feel frustrated, too. God loves us no matter what. **Who loves you no matter what? God loves me no matter what!"**



Prayer

"Dear God, thanks for loving us no matter what. You love us when we are happy, sad, angry, or confused. You love us so very much. We love You. In Jesus' name, we pray, amen."

