

5K

RUN
THE
RACE

Parent Cue
K-3RD GRADE
MAY 2021
Week One

Use this guide to help your family learn how we can have faith in God.
First watch this video: cedargrove.org/kids-online-services. Then follow up with the activity below!
For worship music, try Orange Kids Music on Spotify <https://spoti.fi/2TqDhBJ>

BIBLE STORY

Training to Win the Prize
1 CORINTHIANS 9: 24-25
(supporting: MATT 22:36-40)

MEMORY VERSE

WEEKLY:

**"Commit to the Lord every-
thing you do. Then he will
make your plans succeed."
Proverbs 16:3, NIV**

MONTHLY:

**"Training the body has some
value. But being godly has
value in every way. It promises
help for the life you are now
living and the life to come."
1 Timothy 4:8, NIV**

LIFE APP

**Commitment – Making a plan
and putting it into practice**

BASIC TRUTH

I can trust God no matter what.

ACTIVITY

PRACTICING PUZZLE

WHAT YOU NEED:

Index cards and something to write with

WHAT YOU DO:

Before you begin, write down the following words on index cards (one card per word). Save a few blank cards.

- Whistling
- Being kind
- Flying a plane
- Braiding your hair
- Training a dog
- Brain surgery
- Learning the Bible
- Generosity
- Yodeling
- Running
- Loving God

Ask your child to think of a few things that are important to practice. Then, ask them to write down their ideas on an index card (one per card). Add those cards to the ones you've already prepared and shuffle them together.

WHAT YOU DO:

If you want to get better at something, you have to practice. But sometimes, it's hard to know what's MOST important to practice. I want you to go through this list of things we can practice and put them in order of most to least important. There's no right or wrong answer. Ready? Go!

When your child is finished, ask them to explain their reasoning.

PRAYER Use this prayer as a guide, either after talking about the Bible Story or sometime before bed tonight.

"God, please help us keep practicing what matters most, even when it's hard. I can't wait to see (insert your child's name) grow in their relationship with You as they continue to practice hearing from You, praying to You, talking about You, and living for You. Help me do all these things every day as well. Thank You for sending us Your Son, Jesus, and for loving us so much. It's in Jesus' name we pray, amen."



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ELEMENTARY

GOD VIEW

The connection between commitment and God's character is shown through God's big story. Commitment is making a plan and putting it into practice.

1 CORINTHIANS 9:24-25

We kick off the month with something Paul wrote in **1 Corinthians 9:24-25**. So run in a way that will get you the prize. All who take part in the games train hard, (NIV). Paul used running in a race as a way to talk about our relationship with God. A growing relationship with God isn't something that happens overnight; we need to practice it. The verse sets up the rest of the month for how we can practice our faith.

Lesson Recap:

Today, we talked about four ways we can grow or practice our faith. We'll talk about these things all month long!

Commitment is about making a plan and putting it into practice. Even though the word 'faith' can seem like a big church word that's not-so-easy to understand, there are some simple ways we can follow Jesus each day!

Paul reminded us in his letter to the Corinthians to "run in a way that will get you the prize." And the prize can't be taken away or lost like a trophy, medal, or crown!

The prize is life forever with Jesus in a perfect place! That's why it's so important to keep practicing what matters most.

Bottom Line:

Keep practicing what matters most.

What matters most?

We think it's a growing relationship with Jesus. When it comes to getting things done, more often than not, you need a plan. The same is true in your relationship with Jesus. We hope kids learn some practical steps to make a plan to prioritize growing an everyday faith in Jesus.

Morning Time: Write something each family member would like to commit to for the month of May. Place it where everyone will see it daily. It could be taking a walk as a family more often or no technology days. Whatever it may be, make a plan and write the verse of the month next to your goals.

